NEW YEAR BINGO

READ A NEW BOOK	TRY A NEW RECIPE	TAKE A DAY TRIP	SAVE MONEY	LEARN SOMETHING NEW
MOVE MY BODY OFTEN	GO SOMEWHERE NEW	SPEND TIME WITH LOVED ONES	CREATE A NEW HABIT	BE MORE PRESENT
TAKE MORE PHOTOS	UNPLUG FOR A DAY	★	EXPLORE A NEW HOBBY	DO SOMETHING KIND
WATCH A SUNRISE OR SUNSET	MAKE SOMETHING BY HAND	PLAN A FUN GETAWAY	TRY A NEW CAFÉ	CELEBRATE THE SMALL WINS
DECLUTTER A SPACE	WRITE IN A JOURNAL	TAKE BETTER CARE OF MYSELF	ATTEND A LIVE EVENT	BE PROUD OF MY PROGRESS

Caller's List

New Year Bingo · tick each one as you call it

- ☐ **1.** Read a New Book
- ☐ **2.** Try a New Recipe
- ☐ **3.** Take a Day Trip
- ☐ **4.** Save Money
- ☐ **5.** Learn Something New
- ☐ **6.** Move My Body Often
- ☐ **7.** Go Somewhere New
- ☐ **8.** Spend Time with Loved Ones
- ☐ **9.** Create a New Habit
- ☐ **10.** Be More Present
- ☐ **11.** Take More Photos
- ☐ **12.** Unplug for a Day
- ☐ **13.** Explore a New Hobby
- ☐ **14.** Do Something Kind
- ☐ **15.** Watch a Sunrise or Sunset
- ☐ **16.** Make Something by Hand
- ☐ **17.** Plan a Fun Getaway
- ☐ **18.** Try a New Café
- ☐ **19.** Celebrate the Small Wins
- ☐ **20.** Declutter a Space
- ☐ **21.** Write in a Journal
- ☐ **22.** Take Better Care of Myself
- ☐ **23.** Attend a Live Event
- ☐ **24.** Be Proud of My Progress

Cut out the slips below, fold them, and draw one at a time from a hat or bowl.

1 **Read a New Book**	2 **Try a New Recipe**	3 **Take a Day Trip**	4 **Save Money**
5 **Learn Something New**	6 **Move My Body Often**	7 **Go Somewhere New**	8 **Spend Time with Loved Ones**
9 **Create a New Habit**	10 **Be More Present**	11 **Take More Photos**	12 **Unplug for a Day**
13 **Explore a New Hobby**	14 **Do Something Kind**	15 **Watch a Sunrise or Sunset**	16 **Make Something by Hand**
17 **Plan a Fun Getaway**	18 **Try a New Café**	19 **Celebrate the Small Wins**	20 **Declutter a Space**
21 **Write in a Journal**	22 **Take Better Care of Myself**	23 **Attend a Live Event**	24 **Be Proud of My Progress**

NEW YEAR BINGO





SPEND TIME WITH LOVED ONES	MOVE MY BODY OFTEN	TRY A NEW CAFÉ	SAVE MONEY	CELEBRATE THE SMALL WINS
TAKE MORE PHOTOS	CREATE A NEW HABIT	DECLUTTER A SPACE	GO SOMEWHERE NEW	TRY A NEW RECIPE
LEARN SOMETHING NEW	BE PROUD OF MY PROGRESS	★	TAKE BETTER CARE OF MYSELF	TAKE A DAY TRIP
WRITE IN A JOURNAL	ATTEND A LIVE EVENT	DO SOMETHING KIND	WATCH A SUNRISE OR SUNSET	MAKE SOMETHING BY HAND
READ A NEW BOOK	PLAN A FUN GETAWAY	UNPLUG FOR A DAY	EXPLORE A NEW HOBBY	BE MORE PRESENT



Card #1


NEW YEAR
BINGO
TAKE MORE PHOTOS
MAKE SOMETHING BY HAND
DO SOMETHING KIND
GO SOMEWHERE NEW
READ A NEW BOOK
MOVE MY BODY OFTEN
TAKE A DAY TRIP
WATCH A SUNRISE OR SUNSET
BE MORE PRESENT
CREATE A NEW HABIT
BE PROUD OF MY PROGRESS
TAKE BETTER CARE OF MYSELF
SAVE MONEY
TRY A NEW RECIPE
DECLUTTER A SPACE
CELEBRATE THE SMALL WINS
ATTEND A LIVE EVENT
LEARN SOMETHING NEW
EXPLORE A NEW HOBBY
WRITE IN A JOURNAL
TRY A NEW CAFÉ
PLAN A FUN GETAWAY
SPEND TIME WITH LOVED ONES
UNPLUG FOR A DAY

Card #2

NEW YEAR BINGO

EXPLORE A NEW HOBBY	BE MORE PRESENT	CELEBRATE THE SMALL WINS	DO SOMETHING KIND	UNPLUG FOR A DAY
PLAN A FUN GETAWAY	WATCH A SUNRISE OR SUNSET	CREATE A NEW HABIT	SAVE MONEY	DECLUTTER A SPACE
TAKE A DAY TRIP	READ A NEW BOOK	★	MOVE MY BODY OFTEN	ATTEND A LIVE EVENT
TRY A NEW RECIPE	SPEND TIME WITH LOVED ONES	WRITE IN A JOURNAL	TRY A NEW CAFÉ	MAKE SOMETHING BY HAND
TAKE MORE PHOTOS	GO SOMEWHERE NEW	LEARN SOMETHING NEW	TAKE BETTER CARE OF MYSELF	BE PROUD OF MY PROGRESS

Card #3

NEW YEAR BINGO

DECLUTTER A SPACE	WRITE IN A JOURNAL	TAKE A DAY TRIP	DO SOMETHING KIND	UNPLUG FOR A DAY
CREATE A NEW HABIT	TAKE MORE PHOTOS	GO SOMEWHERE NEW	ATTEND A LIVE EVENT	LEARN SOMETHING NEW
MOVE MY BODY OFTEN	SPEND TIME WITH LOVED ONES	★	BE MORE PRESENT	PLAN A FUN GETAWAY
READ A NEW BOOK	EXPLORE A NEW HOBBY	CELEBRATE THE SMALL WINS	MAKE SOMETHING BY HAND	WATCH A SUNRISE OR SUNSET
TRY A NEW CAFÉ	TAKE BETTER CARE OF MYSELF	TRY A NEW RECIPE	BE PROUD OF MY PROGRESS	SAVE MONEY

Card #4

NEW YEAR BINGO

TRY A NEW CAFÉ	SAVE MONEY	MAKE SOMETHING BY HAND	TAKE BETTER CARE OF MYSELF	LEARN SOMETHING NEW
WATCH A SUNRISE OR SUNSET	TAKE A DAY TRIP	DECLUTTER A SPACE	WRITE IN A JOURNAL	ATTEND A LIVE EVENT
MOVE MY BODY OFTEN	SPEND TIME WITH LOVED ONES	★	TAKE MORE PHOTOS	TRY A NEW RECIPE
READ A NEW BOOK	DO SOMETHING KIND	PLAN A FUN GETAWAY	CELEBRATE THE SMALL WINS	CREATE A NEW HABIT
EXPLORE A NEW HOBBY	BE PROUD OF MY PROGRESS	BE MORE PRESENT	GO SOMEWHERE NEW	UNPLUG FOR A DAY

Card #5


NEW YEAR
BINGO
UNPLUG FOR A DAY
CREATE A NEW HABIT
SAVE MONEY
TRY A NEW CAFÉ
GO SOMEWHERE NEW
TRY A NEW RECIPE
DECLUTTER A SPACE
CELEBRATE THE SMALL WINS
BE MORE PRESENT
SPEND TIME WITH LOVED ONES
EXPLORE A NEW HOBBY
ATTEND A LIVE EVENT
LEARN SOMETHING NEW
PLAN A FUN GETAWAY
WRITE IN A JOURNAL
TAKE A DAY TRIP
READ A NEW BOOK
MOVE MY BODY OFTEN
MAKE SOMETHING BY HAND
TAKE MORE PHOTOS
BE PROUD OF MY PROGRESS
TAKE BETTER CARE OF MYSELF
DO SOMETHING KIND
WATCH A SUNRISE OR SUNSET

Card #6

NEW YEAR BINGO





MOVE MY BODY OFTEN	WATCH A SUNRISE OR SUNSET	TAKE BETTER CARE OF MYSELF	TRY A NEW CAFÉ	READ A NEW BOOK
WRITE IN A JOURNAL	TAKE A DAY TRIP	BE PROUD OF MY PROGRESS	PLAN A FUN GETAWAY	SAVE MONEY
EXPLORE A NEW HOBBY	TRY A NEW RECIPE	★	DECLUTTER A SPACE	UNPLUG FOR A DAY
CREATE A NEW HABIT	MAKE SOMETHING BY HAND	GO SOMEWHERE NEW	TAKE MORE PHOTOS	CELEBRATE THE SMALL WINS
ATTEND A LIVE EVENT	SPEND TIME WITH LOVED ONES	LEARN SOMETHING NEW	BE MORE PRESENT	DO SOMETHING KIND



Card #7

NEW YEAR BINGO





SPEND TIME WITH LOVED ONES	TRY A NEW CAFÉ	UNPLUG FOR A DAY	DECLUTTER A SPACE	ATTEND A LIVE EVENT
MOVE MY BODY OFTEN	TRY A NEW RECIPE	DO SOMETHING KIND	PLAN A FUN GETAWAY	MAKE SOMETHING BY HAND
CELEBRATE THE SMALL WINS	TAKE A DAY TRIP	★	TAKE BETTER CARE OF MYSELF	BE PROUD OF MY PROGRESS
READ A NEW BOOK	WATCH A SUNRISE OR SUNSET	EXPLORE A NEW HOBBY	TAKE MORE PHOTOS	GO SOMEWHERE NEW
CREATE A NEW HABIT	LEARN SOMETHING NEW	BE MORE PRESENT	SAVE MONEY	WRITE IN A JOURNAL



Card #8

NEW YEAR BINGO





PLAN A FUN GETAWAY	TRY A NEW CAFÉ	TAKE A DAY TRIP	EXPLORE A NEW HOBBY	GO SOMEWHERE NEW
DO SOMETHING KIND	DECLUTTER A SPACE	ATTEND A LIVE EVENT	WATCH A SUNRISE OR SUNSET	BE PROUD OF MY PROGRESS
READ A NEW BOOK	BE MORE PRESENT	★	LEARN SOMETHING NEW	TAKE BETTER CARE OF MYSELF
SAVE MONEY	CREATE A NEW HABIT	UNPLUG FOR A DAY	WRITE IN A JOURNAL	MAKE SOMETHING BY HAND
CELEBRATE THE SMALL WINS	TRY A NEW RECIPE	SPEND TIME WITH LOVED ONES	TAKE MORE PHOTOS	MOVE MY BODY OFTEN



Card #9


NEW YEAR
BINGO
UNPLUG FOR A DAY
LEARN SOMETHING NEW
CELEBRATE THE SMALL WINS
ATTEND A LIVE EVENT
TAKE A DAY TRIP
MAKE SOMETHING BY HAND
READ A NEW BOOK
TRY A NEW RECIPE
TRY A NEW CAFÉ
EXPLORE A NEW HOBBY
TAKE BETTER CARE OF MYSELF
BE PROUD OF MY PROGRESS
CREATE A NEW HABIT
WRITE IN A JOURNAL
DECLUTTER A SPACE
MOVE MY BODY OFTEN
PLAN A FUN GETAWAY
BE MORE PRESENT
GO SOMEWHERE NEW
DO SOMETHING KIND
WATCH A SUNRISE OR SUNSET
TAKE MORE PHOTOS
SAVE MONEY
SPEND TIME WITH LOVED ONES

Card #10

NEW YEAR BINGO





TAKE A DAY TRIP	WATCH A SUNRISE OR SUNSET	DECLUTTER A SPACE	EXPLORE A NEW HOBBY	BE MORE PRESENT
TAKE MORE PHOTOS	TAKE BETTER CARE OF MYSELF	LEARN SOMETHING NEW	BE PROUD OF MY PROGRESS	TRY A NEW CAFÉ
READ A NEW BOOK	DO SOMETHING KIND	★	CELEBRATE THE SMALL WINS	SAVE MONEY
TRY A NEW RECIPE	GO SOMEWHERE NEW	CREATE A NEW HABIT	SPEND TIME WITH LOVED ONES	PLAN A FUN GETAWAY
MAKE SOMETHING BY HAND	ATTEND A LIVE EVENT	UNPLUG FOR A DAY	WRITE IN A JOURNAL	MOVE MY BODY OFTEN



Card #11

NEW YEAR BINGO

MOVE MY BODY OFTEN	SPEND TIME WITH LOVED ONES	TAKE BETTER CARE OF MYSELF	DECLUTTER A SPACE	CELEBRATE THE SMALL WINS
BE MORE PRESENT	GO SOMEWHERE NEW	TAKE MORE PHOTOS	BE PROUD OF MY PROGRESS	UNPLUG FOR A DAY
WATCH A SUNRISE OR SUNSET	TRY A NEW RECIPE	★	LEARN SOMETHING NEW	TAKE A DAY TRIP
EXPLORE A NEW HOBBY	ATTEND A LIVE EVENT	READ A NEW BOOK	SAVE MONEY	WRITE IN A JOURNAL
MAKE SOMETHING BY HAND	PLAN A FUN GETAWAY	DO SOMETHING KIND	CREATE A NEW HABIT	TRY A NEW CAFÉ

Card #12

NEW YEAR BINGO

UNPLUG FOR A DAY	BE PROUD OF MY PROGRESS	TAKE MORE PHOTOS	MOVE MY BODY OFTEN	BE MORE PRESENT
SPEND TIME WITH LOVED ONES	CELEBRATE THE SMALL WINS	CREATE A NEW HABIT	READ A NEW BOOK	SAVE MONEY
EXPLORE A NEW HOBBY	GO SOMEWHERE NEW	★	DECLUTTER A SPACE	WRITE IN A JOURNAL
DO SOMETHING KIND	PLAN A FUN GETAWAY	MAKE SOMETHING BY HAND	TRY A NEW RECIPE	WATCH A SUNRISE OR SUNSET
ATTEND A LIVE EVENT	TAKE BETTER CARE OF MYSELF	LEARN SOMETHING NEW	TAKE A DAY TRIP	TRY A NEW CAFÉ

Card #13


NEW YEAR
BINGO
TAKE BETTER CARE OF MYSELF
MOVE MY BODY OFTEN
UNPLUG FOR A DAY
TAKE A DAY TRIP
CREATE A NEW HABIT
LEARN SOMETHING NEW
WRITE IN A JOURNAL
GO SOMEWHERE NEW
DO SOMETHING KIND
TAKE MORE PHOTOS
EXPLORE A NEW HOBBY
ATTEND A LIVE EVENT
BE MORE PRESENT
WATCH A SUNRISE OR SUNSET
CELEBRATE THE SMALL WINS
TRY A NEW CAFÉ
MAKE SOMETHING BY HAND
SPEND TIME WITH LOVED ONES
BE PROUD OF MY PROGRESS
PLAN A FUN GETAWAY
READ A NEW BOOK
DECLUTTER A SPACE
SAVE MONEY
TRY A NEW RECIPE

Card #14

NEW YEAR BINGO





UNPLUG FOR A DAY	TRY A NEW CAFÉ	READ A NEW BOOK	CELEBRATE THE SMALL WINS	GO SOMEWHERE NEW
EXPLORE A NEW HOBBY	TRY A NEW RECIPE	SPEND TIME WITH LOVED ONES	ATTEND A LIVE EVENT	SAVE MONEY
TAKE BETTER CARE OF MYSELF	BE PROUD OF MY PROGRESS	★	PLAN A FUN GETAWAY	MAKE SOMETHING BY HAND
DO SOMETHING KIND	BE MORE PRESENT	CREATE A NEW HABIT	MOVE MY BODY OFTEN	DECLUTTER A SPACE
WRITE IN A JOURNAL	LEARN SOMETHING NEW	WATCH A SUNRISE OR SUNSET	TAKE MORE PHOTOS	TAKE A DAY TRIP



Card #15

NEW YEAR BINGO

WATCH A SUNRISE OR SUNSET	GO SOMEWHERE NEW	TAKE MORE PHOTOS	DO SOMETHING KIND	BE MORE PRESENT
SAVE MONEY	WRITE IN A JOURNAL	MAKE SOMETHING BY HAND	CREATE A NEW HABIT	TAKE BETTER CARE OF MYSELF
MOVE MY BODY OFTEN	EXPLORE A NEW HOBBY	★	TRY A NEW CAFÉ	TRY A NEW RECIPE
UNPLUG FOR A DAY	READ A NEW BOOK	ATTEND A LIVE EVENT	PLAN A FUN GETAWAY	BE PROUD OF MY PROGRESS
DECLUTTER A SPACE	TAKE A DAY TRIP	CELEBRATE THE SMALL WINS	LEARN SOMETHING NEW	SPEND TIME WITH LOVED ONES

Card #16

NEW YEAR BINGO





LEARN SOMETHING NEW	ATTEND A LIVE EVENT	MAKE SOMETHING BY HAND	TAKE A DAY TRIP	WRITE IN A JOURNAL
BE MORE PRESENT	TRY A NEW CAFÉ	UNPLUG FOR A DAY	DO SOMETHING KIND	SPEND TIME WITH LOVED ONES
EXPLORE A NEW HOBBY	TAKE BETTER CARE OF MYSELF	★	MOVE MY BODY OFTEN	DECLUTTER A SPACE
PLAN A FUN GETAWAY	SAVE MONEY	TAKE MORE PHOTOS	WATCH A SUNRISE OR SUNSET	CELEBRATE THE SMALL WINS
TRY A NEW RECIPE	READ A NEW BOOK	CREATE A NEW HABIT	BE PROUD OF MY PROGRESS	GO SOMEWHERE NEW



Card #17

NEW YEAR BINGO





PLAN A FUN GETAWAY	DECLUTTER A SPACE	WATCH A SUNRISE OR SUNSET	TAKE A DAY TRIP	LEARN SOMETHING NEW
DO SOMETHING KIND	BE PROUD OF MY PROGRESS	CREATE A NEW HABIT	TAKE BETTER CARE OF MYSELF	BE MORE PRESENT
TAKE MORE PHOTOS	CELEBRATE THE SMALL WINS	★	TRY A NEW RECIPE	MOVE MY BODY OFTEN
GO SOMEWHERE NEW	SAVE MONEY	UNPLUG FOR A DAY	EXPLORE A NEW HOBBY	TRY A NEW CAFÉ
ATTEND A LIVE EVENT	SPEND TIME WITH LOVED ONES	MAKE SOMETHING BY HAND	READ A NEW BOOK	WRITE IN A JOURNAL



Card #18


NEW YEAR
BINGO
UNPLUG FOR A DAY
READ A NEW BOOK
LEARN SOMETHING NEW
TAKE BETTER CARE OF MYSELF
BE PROUD OF MY PROGRESS
CELEBRATE THE SMALL WINS
WRITE IN A JOURNAL
MOVE MY BODY OFTEN
SAVE MONEY
DECLUTTER A SPACE
DO SOMETHING KIND
TRY A NEW RECIPE
GO SOMEWHERE NEW
CREATE A NEW HABIT
BE MORE PRESENT
WATCH A SUNRISE OR SUNSET
SPEND TIME WITH LOVED ONES
ATTEND A LIVE EVENT
PLAN A FUN GETAWAY
TAKE MORE PHOTOS
TRY A NEW CAFÉ
TAKE A DAY TRIP
MAKE SOMETHING BY HAND
EXPLORE A NEW HOBBY

Card #19


NEW YEAR
BINGO
CREATE A NEW HABIT
WATCH A SUNRISE OR SUNSET
EXPLORE A NEW HOBBY
ATTEND A LIVE EVENT
BE MORE PRESENT
LEARN SOMETHING NEW
MAKE SOMETHING BY HAND
UNPLUG FOR A DAY
READ A NEW BOOK
CELEBRATE THE SMALL WINS
SPEND TIME WITH LOVED ONES
TAKE BETTER CARE OF MYSELF
DECLUTTER A SPACE
TAKE A DAY TRIP
WRITE IN A JOURNAL
SAVE MONEY
TAKE MORE PHOTOS
DO SOMETHING KIND
TRY A NEW RECIPE
BE PROUD OF MY PROGRESS
MOVE MY BODY OFTEN
GO SOMEWHERE NEW
PLAN A FUN GETAWAY
TRY A NEW CAFÉ

Card #20